

MAY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	1	2	3	4 9 AM YOGA
5	6 9 AM-YOGA 5 PM-GENTLE/ BEGINNER	7 5:30 AM YOGA EXPRESS	8	9	10	11 9 AM YOGA
12	13 9 AM-YOGA 5 PM-GENTLE/ BEGINNER	14 5:30 AM YOGA EXPRESS	15	16	17	18 9 AM YOGA
19 6:30 PM RESTORATIVE YOGA	20 9 AM-YOGA 5 PM-GENTLE/ BEGINNER	21 5:30 AM YOGA EXPRESS	22	23	24	25 9 AM YOGA
26	27	28 5:30 AM YOGA EXPRESS	29	30	31	1



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